

THE GRAVITY RESTAURANT LEADERSHIP SYSTEM

Start Here

Stronger restaurants through clearer leadership, practical standards, and useful tools.

Start with one problem. Use what helps. Connect work only when the connection adds value.

The goal is a restaurant that performs more consistently: better service, capable people, controlled costs, and leaders who can prove whether an improvement worked.

Founding Year Access

Completed digital resources are available at \$0 through **October 1, 2027**. No required purchase, subscription, or credit card. Registration is required in the substantive download and Reader flow. Print editions may have a purchase price.

Version 2.6 | Current capability guide. Future services are identified explicitly.

[Start with Gravity](https://thomasmonroebooks.com/start-here) | thomasmonroebooks.com/start-here

1. Choose one job

Write a one-sentence goal: “We need a reliable schedule,” “We need accurate counts,” or “We need a consistent closing procedure.” Select the tool that directly supports that job.

For scheduling, use Shift Lab. For observed work time, use Work Study Lab. For stock, use Inventory Center. For recipes, use Recipe Works. For controlled instructions, use SOP Foundry.

Use Forms Personalizer to adapt an existing form and Document Studio to build a guided document. Use Numbers Lab for a focused calculation. Quick Tools include QR creation.

[Choose your workspace](https://thomasmonroebooks.com/gravity-assist) | thomasmonroebooks.com/gravity-assist

[Run the awareness check](https://thomasmonroebooks.com/gravity-aware) | thomasmonroebooks.com/gravity-aware

2. Prepare the workspace

Enter restaurant/location details where supported. Read the workspace instructions and identify the units, date, period, or station that your work describes.

Use a small real example first. Verify that names, amounts, times and units are correct before building a full schedule, inventory, recipe set, or SOP library.

Keep meaningful local work backed up. Browser storage is not a cross-device account. An exported file is useful only if you know where it was saved and can reopen or restore it.

For a work study, use comparable observations. Blank observations should not count as zero-minute work. Record waiting and travel separately. A batch of ten portions is not one finished unit.

[Find help](https://thomasmonroebooks.com/help-center) | thomasmonroebooks.com/help-center

[Read task-specific guidance](https://thomasmonroebooks.com/knowledge-center) | thomasmonroebooks.com/knowledge-center

3. Publish employee materials carefully

In SOP Foundry, prepare the manager working copy and review it before approval. Publish the intended employee version; do not assume that saving or approving made it visible to staff.

Give employees the restaurant short link at /e/CODE and the employee PIN through the restaurant's appropriate channel. Test with employee access, not a manager screen.

Check the visible SOP revision, recipe, active poster, and learning requirement. Viewing, acknowledgment, training and qualification mean different things.

When a QR destination changes, regenerate its image and replace affected digital or printed copies. Old images retain old links. Scan a newly printed sample on a phone before distributing a batch.

[Open SOP Foundry](https://thomasmonroebooks.com/gravity-sop-foundry) | thomasmonroebooks.com/gravity-sop-foundry

[Employee access](https://thomasmonroebooks.com/e) | thomasmonroebooks.com/e

4. Review, save, and connect

Review the work before relying on it: schedule dates and coverage; recipe yields and ingredient units; inventory locations and counts; document names and fields; SOP approval, revision and publication.

Save or download the finished work using the tool's available controls. Check that the exported file contains the current entries, not an earlier saved draft.

Use a handoff only when it adds value. Sending study context to Shift Lab helps planning, but it does not automatically create a weekly schedule. The manager still reviews coverage and approves the schedule.

Gravity Aware is a current awareness check; the larger future automation environment and direct Fulfillment submission remain in development.

[Open Shift Lab](https://thomasmonroebooks.com/gravity-shift-lab) | thomasmonroebooks.com/gravity-shift-lab

[Open Work Study Lab](https://thomasmonroebooks.com/gravity-work-study-lab) | thomasmonroebooks.com/gravity-work-study-lab

5. Learn, verify, and return

Use the books and Knowledge Center to strengthen the judgment behind the tool. The three SOP Library volumes contain 525 masters in total. The AI workbook contains 215 prompts.

For completed digital resources, follow Register & Download. Founding Year access continues through October 1, 2027, with no required purchase, subscription or credit card. Marketing updates are a separate optional choice.

Use Book Reader for supported text and AI-generated speech. If audio is unavailable, continue reading the text and report the problem through Help/Contact. Reader progress is local to the browser.

Check whether the change improved the original problem. Keep evidence, correct the method, and retain the useful standard. Start the next connection only when it produces additional value.

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